



SMOKING, ALCOHOL AND DRUG GUIDANCE POLICY

Date: March 2023

Review Date: March 2024

Introduction

The purpose of this policy is to promote the safety, welfare and good physical and mental health of Staff and pupils. The School educates pupils to understand the effect and risks associated with alcohol and tobacco in relation to their health, well-being and the law and that the use of illegal drugs is or may be a criminal offence and will be harmful to their health, integrity, independence, opportunities and careers as well as damaging the society in which they live. Staff are expected to promote this view and act as responsible role models.

This guidance does not focus on drug education which is covered in the PSHEE Policy. It covers behaviour and pastoral support, as well as managing smoking, alcohol, and drug related incidents within schools.

Key points

Smoking, and the consumption of alcohol or drugs are not tolerated in any form at Sarum Hall School.

'Smoking' means the smoking of any substance, including e-cigarettes and nicotine substitutes

'Alcohol' means intoxicating liquor of all descriptions (including beer, cider, wine and spirits).

'Drugs' covers controlled drugs and the paraphernalia of drugs, psychoactive substances or substances intended to resemble drugs, or "legal" drugs which can be obtained from a chemist shop, performance enhancing drugs, anabolic steroids, glue and other substances held or supplied in each case for purposes of misuse.

Pupils affected by their own or other's misuse of smoking, drugs and alcohol should have early access to support through the school and other local services.

The first concern in managing smoking, alcohol and drugs is the health and safety of the school's community and meeting the pastoral needs of pupils.

The Head, Deputy Head and the Health and Wellbeing Coordinator will oversee and coordinate smoking, drugs or alcohol related issues.

Police will be informed, consulted or actively involved in a drug related incident.

Please also refer to the 'Confiscation of Inappropriate Items' section in our Promote Good Behaviour & Set out Sanctions Policy.

Information sharing

- The Sarum Hall School confidentiality policy will advise how information is shared.
- Information is only disclosed internally or externally with careful attention to pupils' rights and needs.
- If a pupil's safety is considered under threat, including incidences of parental drug or alcohol misuse the local authority safeguarding board will be contacted.

The role of governors

- Governors will be informed of any drugs issues as they affect the school.
- Governors will be informed of any policy development including the drug education programme, and will contribute to any case conferences called, or appeals against exclusions.

Staff conduct and smoking, alcohol and drugs

Our Employment Manual states the following:

Relating to Alcohol:

Under the influence: It is strictly forbidden to work or to remain at work under the influence of alcohol. If the School considers that you are under the influence of alcohol you may be sent home immediately and disciplinary action will be taken.

Entertaining: Any entertaining on or off School premises must be conducted sensibly. There may be alcoholic drinks at School social functions and the School expects a high standard of behaviour from all members of Staff.

Relating to Drugs:

Under the influence: It is strictly forbidden to come to work or to remain at work under the influence of any drug. If you have been prescribed drugs whose side effects could have an impact on your work or behaviour, you should report this immediately to the Head and / or the Health and Wellbeing Coordinator. If the School considers that you are under the influence of any drug (including prescribed drugs which have or could have affected your work or behaviour and of which you have failed to notify your superior), disciplinary action will be taken.

Useful Organisations

ADFAM offers information to families of drug and alcohol users, and the website has a database of local family support services. Tel: 07442 13742 | Email: admin@adfam.org.uk Website: www.adfam.org.uk

Alcohol Change UK works to reduce the incidence and costs of alcohol-related harm and to increase the range and quality of services available to people with alcohol-related problems Tel: 0300 123 1110. Email: contact@alcoholchange.org.uk Website: www.alcoholchange.org.uk/

ASH (Action on Smoking and Health) A campaigning public health charity aiming to reduce the health problems caused by tobacco. Email: enquiries@ash.org.uk Website: www.ash.org.uk/

Children's Legal Centre operates a free and confidential legal advice and information service covering all aspects of law and policy affecting children and young people. Email: info@coramclc.org.uk Website: www.childrenslegalcentre.com

Children's Rights Alliance for England - A charity working to improve the lives and status of all children in England through the fullest implementation of the UN Convention on the Rights of the Child. Email: info@crae.org.uk Website: www.crae.org.uk/

Drinkaware - An independent charity that promotes responsible drinking through innovative ways to challenge the national drinking culture, helping reduce alcohol misuse and minimise alcohol related harm. Tel: 020 7766 9900 Website: www.drinkaware.co.uk

Drinkline - A free and confidential helpline for anyone who is concerned about their own or someone else's drinking. Tel: **0300 123 1110** (lines are open 24 hours a day)

Drug Education Forum – this website contains a number of useful papers and briefing sheets for use by practitioners: Website: www.drugeducationforum.com

FRANK is the national drugs awareness campaign aiming to raise awareness amongst young people of the risks of illegal drugs, and to provide information and advice. It also provides support to parents/carers, helping to give them the skills and confidence to communicate with their children about drugs. 24 Hour Helpline: 0300 1236600 Text: 82111 Email: frank@talktofrank.com Website: www.talktofrank.com

National Association for Children of Alcoholics - provides information, advice and support for anyone affected by a parent's drinking, including adults. Phone: 0800 358 3456 Email: helpline@nacoa.org.uk Website: www.nacoa.org.uk

National Children's Bureau promotes the interests and well-being of all children and young people across every aspect of their lives. Tel: 020 7843 6000 Email: enquiries@ncb.org.uk Website: www.ncb.org.uk

Family Lives - A charity offering support and information to anyone parenting a child or teenager. It runs a free-phone helpline and courses for parents, and develops innovative projects. Tel: 0800 800 2222 Email: askus@familylives.org.uk Website: www.familylives.org.uk

Re-Solv (Society for the Prevention of Solvent and Volatile Substance Abuse) A supports anyone in the UK whose life is affected by solvent abuse. Tel: Information line: 01785 810762 Text/WhatsApp: 07496 959930 Email: info@re-solv.org Website: www.re-solv.org

NHS Better Life: Quit Smoking - NHS Smoking Helpline: 0800 169 0 169 Website: www.nhs.uk/better-health/quit-smoking

We are with you - provide free, confidential support to people experiencing issues with drugs, alcohol or mental health. Website: www.wearewithyou.org.uk

Youth Offending Teams – Local Youth Offending Teams are multi-agency teams and are the responsibility of the local authority, who have a statutory duty to [prevent offending by young people under the age of 18. Website: www.gov.uk/youth-offending-team

Linked guidance, policies and procedures:

[Government drug advice for schools](#)

[Keeping Children Safe in Education \(KCSIE\) statutory guidance](#)

Relevant school policies:

Child Protection and Safeguarding Policy

Mission statement, behaviour, health and safety, medicines, confidentiality, PSHEE